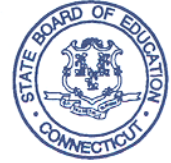




STATE OF CONNECTICUT
DEPARTMENT OF EDUCATION



TO: Child and Adult Care Food Program (CACFP) Child Care Sponsors

FROM: Cheryl Resha, Education Manager *Cheryl Resha*
Bureau of Health/Nutrition, Family Services and Adult Education

DATE: September 29, 2011

SUBJECT: **Operational Memorandum #15C-11 and 17H-11**
Nutrition Policies and Guidance for the Child and Adult Care Food Program (CACFP): Child Care Programs

The Connecticut State Department of Education (CSDE) has recently updated *Nutrition Policies and Guidance for the CACFP*. This publication consists of six individual guides for child care centers, family day care homes, emergency shelters and at-risk afterschool care centers, including:

- Meal Pattern Requirements;
- Crediting Foods;
- Feeding Infants;
- Sanitation and Food Safety;
- Accommodating Special Diets; and
- Planning Healthy Meals.

These documents assist CACFP facilities with planning meals to meet CACFP requirements and provide answers to common questions regarding CACFP menus. They include comprehensive information on a variety of menu planning topics, including CACFP meal pattern requirements, avoiding common menu problems, nutrition guidance, feeding infants and accommodating children with special dietary needs. The guides also include useful forms and handouts. **CACFP sponsors should use *Nutrition Policies and Guidance* as the definitive source for information on complying with all federal and state nutrition requirements for the CACFP.**

The revised publications are dated September 2011 and are online at <http://www.sde.ct.gov/sde/cwp/view.asp?a=2626&q=322326>. **CACFP sponsors should discard all copies of the previous publication (June 2010) and accompanying handouts. There are significant changes to the revised documents that make the old version obsolete.** Please note that this resource is available only as an online publication. CACFP sponsors should download the publications and make them available to all appropriate personnel.

Questions regarding this memorandum may be directed to the following CACFP staff:

Day Care Center Sponsors: Susan Boyle 860-807-2074
Celia Cordero 860-807-2076
Benedict Onye 860-807-2080

Family Day Care Home Sponsors: Celia Cordero 860-807-2076

CR:ssf

Important: This is a numbered Operational Memorandum that contains important program information. Please read carefully and retain in a binder for your future reference. Operational Memoranda are also posted on the Child Nutrition website at: <http://www.sde.ct.gov/sde/cwp/view.asp?a=2626&q=321576>